



Sheraton®

RED DEER HOTEL

Breakfast

6:30 AM-11:00 AM

MAINS

Sheraton Continental Breakfast

A selection of mini croissant, muffin, danish, or choice of bread served with butter and preserves. Includes seasonal fruit and your choice of coffee, tea, or juice 14

Red Deer Breakfast

Two eggs any style, sausage, bacon, home fries, and toast 13

French Toast

Caramelized bananas, Nutella, and maple syrup 13

Blueberry Pancakes

Blueberry compote, mascarpone honey, and whipped cream 14

Open-Faced Omelette

Create your own omelette. Choose from cheddar cheese, ham, mushrooms, tomatoes, green onions, and peppers. Served with toast 14

Huevos Rancheros

Grilled tortilla, fried eggs, spiced beans, smoked bacon, and guacamole 14

Eggs Benedict

Two Poached eggs, black forest ham, and hollandaise sauce on an english muffin. Served with home fries 14

Smoked Salmon Eggs Benedict

Two poached eggs, smoked salmon, and hollandaise sauce on an english muffin. Served with home fries 15

Steak & Eggs **GF**

6oz Alberta AAA striploin beef, fried eggs, and home fries 19

LIGHTER FARE

Egg White Omelette **GF**

Open faced omelette with spinach, yams, and fresh tomato-basil salsa 14

Berry & Yogurt Parfait **GF**

Layered with flax seeds and all natural granola 9

Special K Cereal or Natural Granola

Served with skim milk 6

Steele Cut Oatmeal

With dried cranberries and toasted almonds 9

Bowl of Berries **GF**

Served with low fat yogurt 9

Fresh Fruit Plate

Minted yogurt and banana bread 11

Low-Fat or Regular Yogurt **GF**

Vanilla, fruit, or plain 3.5

ADD ON'S

Home Fries 3.5

Black Forest Ham 4

Smoked Bacon 4

Sausage 4

Grapefruit Half 4

Fruit 6

Toast

White, Brown, or Multi-grain 3

Basket of Pastries

Your choice of three:

Mini Croissant, Muffin, or Danish 6

DRINKS

Bottled Water

Montclair (500ml) 3

San Pellegrino (sm) 4.5

San Pellegrino (lg) 6

Starbucks Coffee™

Regular or Decaffeinated 3

Espresso 3

Cappucino 3.5

Tazo Teas™

Assorted selection 3

Juice

Orange, Grapefruit, Apple, Cranberry, or Lemonade 3

Milk

Skim, Soy, or Chocolate 3

*Consuming raw or undercooked meat, seafood, and eggs may increase your risk of food-borne illness. 18% gratuity will be added to group of 8 people or more.

GF We pride ourselves in providing gluten friendly menu choices. While we endeavour to carefully prepare those meals to accommodate a gluten-free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions.

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